



SPENDING 15 MINUTES
WITH YOUR CHILD
MAKES A DIFFERENCE

TRY THIS ACTIVITY:

Play tag together.



SPENDING 15 MINUTES
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MAKES A DIFFERENCE

TRY THIS ACTIVITY:

Play a game of
basketball together.



SPENDING 15 MINUTES WITH YOUR
CHILD MAKES A DIFFERENCE

TRY THIS ACTIVITY:

Cook your child's favorite
meal together.



SPENDING 15 MINUTES WITH YOUR
CHILD MAKES A DIFFERENCE

TRY THIS ACTIVITY:

During meal time, share
with each other the best
part of the day.



SPENDING 15 MINUTES
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TRY THIS ACTIVITY:

Hula hoop together.



SPENDING 15 MINUTES WITH YOUR
CHILD MAKES A DIFFERENCE

TRY THIS ACTIVITY:

Play one of your favorite
childhood games
together





SPENDING 15 MINUTES WITH YOUR CHILD MAKES A DIFFERENCE

TRY THIS ACTIVITY:

Share stories about the family.



SPENDING 15 MINUTES WITH YOUR CHILD MAKES A DIFFERENCE

TRY THIS ACTIVITY:

Do a puzzle together - large or small.



SPENDING 15 MINUTES WITH YOUR CHILD MAKES A DIFFERENCE

TRY THIS ACTIVITY:

Create a family tree out of paper leaf cutouts.



SPENDING 15 MINUTES WITH YOUR CHILD MAKES A DIFFERENCE

TRY THIS ACTIVITY:

Hug your child today.



SPENDING 15 MINUTES WITH YOUR CHILD MAKES A DIFFERENCE

TRY THIS ACTIVITY:

Blow bubbles together.



SPENDING 15 MINUTES WITH YOUR CHILD MAKES A DIFFERENCE

TRY THIS ACTIVITY:

Tell your child I love you, just because you're you.





SPENDING 15 MINUTES
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MAKES A DIFFERENCE

TRY THIS ACTIVITY:

Share stories
about the family.



SPENDING 15 MINUTES
WITH YOUR CHILD
MAKES A DIFFERENCE

TRY THIS ACTIVITY:

Do a puzzle together -
large or small.



SPENDING 15 MINUTES WITH YOUR
CHILD MAKES A DIFFERENCE

TRY THIS ACTIVITY:

Tell your child four things
you love about them.



SPENDING 15 MINUTES
WITH YOUR CHILD
MAKES A DIFFERENCE

TRY THIS ACTIVITY:

Watch a sunset
together.



SPENDING 15 MINUTES
WITH YOUR CHILD
MAKES A DIFFERENCE

TRY THIS ACTIVITY:

Dance to music
together.



SPENDING 15 MINUTES
WITH YOUR CHILD
MAKES A DIFFERENCE

TRY THIS ACTIVITY:

Have a play date with
friends who have children
the same ages as yours.



 SPENDING 15 MINUTES WITH YOUR CHILD MAKES A DIFFERENCE

TRY THIS ACTIVITY:

Make lemonade together.



SPENDING 15 MINUTES WITH YOUR CHILD MAKES A DIFFERENCE

TRY THIS ACTIVITY:

Play jacks together.

 

 SPENDING 15 MINUTES WITH YOUR CHILD MAKES A DIFFERENCE

TRY THIS ACTIVITY:

Take a selfie together.



 SPENDING 15 MINUTES WITH YOUR CHILD MAKES A DIFFERENCE

TRY THIS ACTIVITY:

Play a simple game of “I Spy”.



Week 17