ACTIVITIES

BE BULLY FREE (FILL IN THE BLANK)
I have _ _ _ _ _ _ and responsibilities.
I need to _ _ _ _ _ _ the rights of others.
It is not ok to _ _ _ _ _ _
Bullying hurts _ _ _ _ _ _ and outside.
I can play safely without _ _ _ _ _ _ others.
I am unique and _ _ _ _ _ _ _ .
It is okay for people to think, _ _ _ _ and act differently.
I am responsible for my own _ _ _ _ _ _ _ .
It is okay to _ _ _ _ when someone bullies.
I know that both actions and _ _ _ _ can hurt.
Be a friend to have a _ _ _ _ _ _ _ .

Words: LOOK, RESPECT, TELL, INSIDE, FRIEND, WORDS, HURTING, RIGHTS, SPECIAL, BULLY, ACTIONS

Bully-Free Zone For Kids

Bullying is when someone keeps doing or saying things to have power over another person. Some people bully others by

- calling them names.
- saying mean things.
- threatening them.
- damaging or taking their things.
- kicking or hitting them.
- leaving them out of activities.
- making them do things they do not want to do.

What can you do if you are being bullied?

- Tell them to stop.
- Ignore them.
- Walk away.
- Always tell a teacher or adult you can trust.
- Spend time with your friends; bullies hardly ever pick on people if they are in a group.
Be Bully Free Word Search

Words To Find
BE A FRIEND
IGNORE
REPORT
RESPECT
SAFE
SPECIAL
STOP
TELL
UNIQUE
WALK AWAY

Home Alone Word Search

Find the following words:
LOCK DOORS
NINE-ONE-ONE
SAFE
KNOW ADDRESS
READ
NO COOKING
HOME ALONE
STAY IN

Internet Safety Word Search

Find and circle these words:
Computer, guidelines, password, parents, exit, online safety, chat, off, careful
**Water Safety Rules**

- Swim or play only when an adult or a lifeguard is present.
- Always swim with a buddy, never alone.
- Do not dive or jump into water, always wade in first to avoid hitting your head. Most backyard pools are not deep enough for diving.
- Do not run or push others in or around the water.
- Wear a life jacket when boating or swimming in a pond or lake.
- Take swimming lessons.
- Read the signs posted around the water. They will tell you which is the shallow or deep end.
- Be smart: follow water safety rules.

**Youth Sports Word Search**

**Circle these hidden words**

- Buddy
- Don’t Dive
- Lifejacket
- Rules
- Adult
- No Running
- Lessons
- Lifeguard
- No Pushing
- Read Signs

**Circle these hidden words**

- Good Time
- Respect
- Parent
- Coach
- Team
- Have Fun
- Good Sport
- Enjoy
- Youth
- Child
- Game
- Group
- Support.