



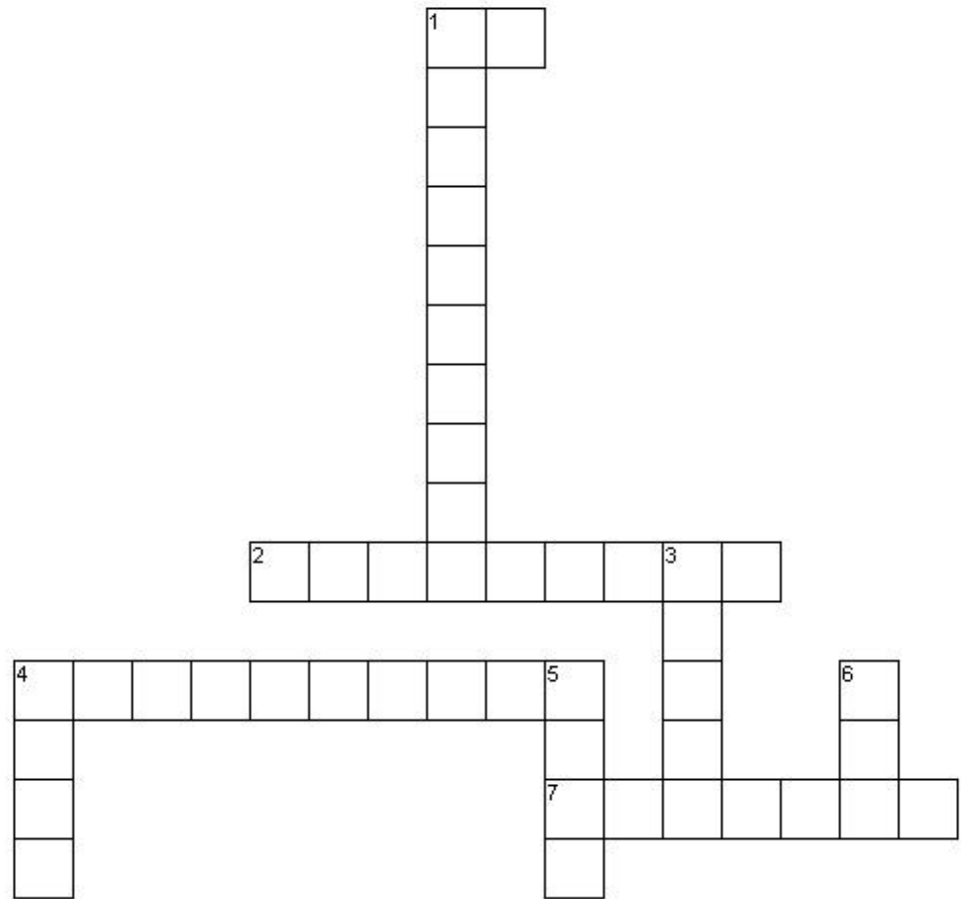
# Staying Safe

## Across

1. What you should say if a stranger offers you a ride
2. Someone who helps us stay safe while swimming
4. Safety gear you wear in the water
7. What we take to learn to swim

## Down

1. The number to call in case of an emergency
3. What you should follow
4. What you do to the door after you go inside your house
5. What we should do if a bully bothers us
6. What we should never do around a pool



**ANSWERS**  
**Across**  
 1. No  
 2. Lifeguard  
 4. Lifejacket  
 7. Lessons

**Down**  
 1. Nine One One  
 3. Rules  
 4. Lock  
 5. Tell  
 6. Run





## Bully Free Zone

A 1	B 2	C 3	D 4	E 5	F 6	G 7	H 8	I 9	J 10
K 11	L 12	M 13	N 14	O 15	P 16	Q 17	R 18	S 19	T 20
U 21	V 22	W 23	X 24	Y 25	Z 26				

20 1 12 11 1 14 4 20 8 9 14 11 9 14 1  
 16 15 19 9 20 9 22 5 13 1 14 14 5 18 1 2 15 21 20  
 25 15 21 18 19 5 12 6 1 14 4 15 20 8 5 18 19  
 4 15 14 15 20 12 1 21 7 8 8 5 12 16 15 18  
 5 14 3 15 2 18 1 7 5 19 15 13 5 15 14 5  
 23 8 15 9 19 2 21 12 12 25 9 14 7

Answer: Talk and think in a positive manner about yourself and others. Do not laugh, help, or encourage someone who is bullying.



## Bully-Free Zone for Kids

**Bullying is when someone keeps doing things to have power over another person. Some people bully others by:**

- ◆ Saying mean things
- ◆ Calling them names
- ◆ Threatening them
- ◆ Kicking or hitting them
- ◆ Taking their things or money
- ◆ Leaving them out of activities and games
- ◆ Making them do things they do not want to do

**What can you do if you are being bullied?**

- ◆ Walk away
- ◆ Ignore them
- ◆ Tell them to stop
- ◆ Always tell a teacher or adult you can trust
- ◆ Spend time with your friends because bullies hardly ever pick on people if they are in a group

**Be Bully Free (Fill in the blank)**

I need to \_\_\_\_\_ the rights of others.

Bullying hurts \_\_\_\_\_ and outside.

It is okay for people to think, \_\_\_\_\_ and act differently.

I know that both actions and \_\_\_\_\_ can hurt.

It is okay to \_\_\_\_\_ when someone bullies.

It is not ok to \_\_\_\_\_.

I am responsible for my own \_\_\_\_\_.

**Words: Actions, Tell, Look, Respect, Bully, Inside, Words**