

8 Ways to be a Better Dad

Make a difference
in your child's life.

1. Respect your child's mother. Speak kindly toward your child's mother and listen to her opinions and thoughts, even if they are different than yours.

2. Listen to your child's ideas. Listen to your child and encourage them to share their thoughts and ideas.

3. Discipline with love. Remind your child of the consequences of their actions and provide meaningful rewards for good behavior. Example: Because you picked up your toys, you can play outside for 15 more minutes.

4. Be a good role model. When you make a mistake, apologize and admit the

mistake so your child learns everyone makes mistakes.

5. Be a teacher. Teach your child to throw a baseball, tie their shoelaces, do a push-up or any other fun skill.

6. Eat together as a family. Use this time to talk about your and your child's day.

7. Read to your children. Reading a book to your child can be a great part of the bed time routine.

8. Show affection. Tell your child you love them. Children like to know they are wanted, loved, and accepted by their family.

National Fatherhood Initiative: Fatherhood.org

Hansel and Gretel