

Fall Fun :

Having Fun and Staying Safe

With the weather changing and cooler temperatures ahead, fall is the perfect time to try a new activity with your child.

- Play in the leaves.
- Go for a nature walk.
- Have a scavenger hunt.
- Go to the library to find books about the fall season.
- Start a new family tradition, like going to the zoo or a fall festival, or baking something together.
- Build a scarecrow out of old clothes stuffed with straw or leaves.
- Let small children decorate a pumpkin with paint or markers.
- Monitor what your child watches on TV. Make sure scary movies are age appropriate.

If you celebrate Halloween:

- Make sure an adult goes trick-or-treating with children, even on your own street.
- Help your child make a costume.
- After trick-or-treating, make sure your child's candy is safe to eat.

Source:

Prevent Child Abuse Illinois.
www.preventchildabuseillinois.org

