Look at Me, I’m Growing Up Fast

Pre-school (ages 3-5)
Children in this age group are curious about things around them. They are learning to dress themselves, play with other kids and remember parts of their favorite stories. Let your child make simple choices, like letting them pick out what to wear.
• Keep reading to your child. Take them to the library.
• Encourage your child to play with other children. They’ll learn to share and make friends.

Young Child (ages 6-8)
Children in this age group will start showing more independence from their parents and family. They want to be liked and accepted by their friends.
• Talk with your child about school, friends, and things they look forward to.
• Help your child learn to be patient by letting others go first or by finishing a task before going out to play. Encourage them to think about possible consequences.

To learn more about developmental milestones, warning signs of possible developmental delays, and information on how to help your child’s development, visit the “Learn the Signs. Act Early” campaign website cdc.gov/ncbddd/actearly/index.html