

# Safe Surfing:

## Keeping Kids Safe Online



The internet has a wealth of information and resources for you and your child. It can also be an unsafe zone.

- **Set Guidelines.** Tell your child never to meet anyone in person they first “met” online. Also limit the time your child can spend on the computer.
- **Get Involved.** Spend time with your child online whether it is at home, a community center, or the library. Ask them who they talk to online and what sites they like to visit.
- **Talk About it.** Teach your child to never give out information like her name, address, school or anything else that is personally identifying. Tell your child to tell a trusted adult if someone or something online makes them feel scared or confused.
- **Use Parental Controls/Blocking Software.** Parental controls can block content that is not kid-friendly. They can also help you monitor what your child sees and does not see. Placing a computer in a central room can also help you monitor use.

Source: NetSmartz® website. A resource from the National Center for Missing and Exploited Children. [www.NetSmartz.org](http://www.NetSmartz.org)

