

WATER SAFETY

KEEP KIDS SAFE AROUND WATER:

Drowning is the leading cause of injury-related death among children ages 1-4. Young children can drown in as little as two inches of water.

- Little children drown quickly and silently, don't be distracted, not even for a minute.
- Kids don't drown only in pools. Bathtubs, buckets, toilets and hot tubs can be dangerous too. Remove water immediately after use.
- Store water toys away from the water when not in use so they don't attract a small child.
- Teach your children to swim! Infant/toddler classes do not make them drown proof.
- If you have a pool, use self-closing and self-latching gates and check them monthly; ask neighbors to do the same if they have a pool or spa.
- Kids should always wear an approved safety flotation device if they are near water and don't know how to swim or are out in a boat.
- If you're visiting a public pool, keep an eye on your kids. Lifeguards are not babysitters.
- Remind older kids not to play rough while swimming, accidents happen quickly.
- Older kids should always swim with a swim buddy, never alone.
- The safest supervision is "touch supervision": in arm's reach.
- While parents always seem to have a million things to do, every parent should add "learning CPR" to the top of the list.

Source: www.WatchKidsAroundWater.org and www.poolsafety.gov
Find out more at: www.txdpa.org

